



Royal College of
Obstetricians &
Gynaecologists

Annual Update in Paediatric and Adolescent Gynaecology

Incorporating the BritSPAG Training Day

Joint RCOG/BritSPAG meeting

Monday 12 - Tuesday 13 March 2018

Location: RCOG, London

Overview

Adolescents represent one quarter of the world's population with their specific health needs being increasingly recognised.

The BritSPAG training day will give an overview of how to assess a child or adolescent, and will cover some of the more common gynaecological conditions affecting young girls, including adolescent menstrual dysfunction, genital pain, ovarian cysts and sexual health. It will also discuss the issue of consent in children and young adults. Setting up a Rokitansky service and assessing young girls psychological needs will also be discussed.

The Annual Conference covers details of advances in the rapidly changing field of Paediatric and Adolescent Gynaecology (PAG). There will be an update on the UK Uterine transplant trail, management of complex mullerian duct anomalies, assessing children with FGM, and understanding gender dysphoria. There will also be a debate about the pros and cons of surgery for atypical genitalia in children.

The multidisciplinary nature of paediatric and adolescent gynaecology is reflected in the invited speakers, providing an opportunity to learn from other disciplines.

This course is suitable for the theoretical component of the [ATSM 'Paediatric and Adolescent Gynaecology'](#)

CPD: 11

Who Should Attend?

- Consultants and Trainees in obstetrics and gynaecology
- Consultants and Trainees in Paediatrics and Paediatric Surgery, Endocrinology, Paediatric Urology
- Consultants and Trainees in Sexual and Reproductive Health
- GPs
- Nurses with special interest in paediatrics and adolescent gynaecology
- SAS Doctors
- Psychologists, counsellors, social workers with a special interest in PAG

Learning Objectives:

After completing this course, you will be able to....

- Conduct a paediatric and adolescent gynaecology consultation and examination
- Manage common conditions in paediatric and adolescent gynaecology
- Manage early and late puberty, adolescent menstrual dysfunction, polycystic ovarian syndrome
- Understand young women's psychological and emotional needs during puberty and how to discuss sex with them

- Show awareness of challenges and controversies in this age group
- Understand current management for those with Disorders of Sex Development and Mullerian Anomalies
- Understand the psychological aspects and the multidisciplinary approach in PAG
- Be aware of safeguarding issues and what to do in the event of sexual assault

Course Organisers: Professor Sarah Creighton FRCOG, London
Miss Cara Williams MRCOG, Liverpool

Honorary Director of Conferences: Mr Nick Panay MRCOG, London

Honorary Deputy Director of Conferences: Mr Philip Toozs-Hobson FRCOG, Birmingham

PROGRAMME

Monday 12 March: BritSPAG Training Day

8.30am *REGISTRATION AND REFRESHMENTS*

9.00am **Welcome and introduction**
Dr Naomi Crouch, Chair of BritSPAG; Consultant Obstetrician and Gynaecologist, University Hospital Bristol

SESSION I: General PAG

Chair: Dr Jo Blair, Consultant Endocrinologist; Honorary Senior Lecturer, Alder Hey Children's NHS Foundation Trust, Liverpool

9.30am **Adolescent history and examination**
Miss Sadia Malik, Post CCT fellow, Royal Derby Hospital

9.50am **Primary amenorrhoea**
Miss Cara Williams, Consultant Gynaecologist, Liverpool Women's Hospital and Alder Hey

10.10am **Adolescent menstrual dysfunction**
Dr Meenakshi Choudhary, Consultant in Reproductive Medicine and Gynaecology, Newcastle upon Tyne Hospitals NHS Foundation Trust

10.30am *REFRESHMENTS*

SESSION II: General PAG

Chair: Dr Pallavi Latthe, Consultant Obstetrician and Gynaecologist; Clinical lead for Urogynaecology and PAG, Birmingham Women's NHS Foundation Trust

11.00am **Scanning in PAG**
Miss Jemma Johns, Consultant Obstetrician and Gynaecologist, Kings College Hospital, London

11.30am **Keeping sexually active adolescents safe**
Dr Jane Dickson, Consultant in Sexual and Reproductive Healthcare, Oxleas NHS Foundation Trust, London

12.00pm **Genital pain in children**

Professor Christina Liossi, Professor of Paediatric Psychology, University of Southampton; Honorary Consultant in Paediatric Psychology, Great Ormond street Hospital, London

12.30pm *LUNCH*

SESSION III:

Chair: Mr Paul Wood, Honorary Consultant in Obstetrics and Gynaecology, Cambridge University Hospitals

1.30am **Rokitansky Syndrome: setting up a service**
Dr Gail Busby, Consultant Gynaecologist, St Mary's Hospital, Manchester
Ms Karen Donnelly, Advanced Nurse Practitioner, St Mary's Hospital, Manchester

2.00pm **Secrecy or privacy in DSDs: deciding who to tell and how**
Dr Caroline Finill, Counselling Psychologist, University College London Hospital

2.30pm **Launch of the BritSPAG Educational Resource**

Introduction
Professor Lesley Regan, President, RCOG; Clinical Professor, St Mary's Hospital, London

The Labia Project: developing an educational resource
Miss Louise Williams, Clinical Nurse Specialist, University College London Hospital
Miss Hazel Learner, Clinical Fellow, Paediatric and Adolescent Gynaecology, University College London Hospital

3.00pm *REFRESHMENTS*

Session IV:

Chair: Miss Fiona McAndrew, Paediatric Urologist, Alder Hey Children's Hospital, Liverpool

3.30pm **Identifying and managing eating disorders in an adolescent gynaecology service**
Dr Francine Verhoeff, Consultant General Paediatrician, Alder Hey Children's Hospital, Liverpool

4.00pm **Consenting children and adolescents for treatment**
Miss Harriet Corbett, Consultant Paediatric Urologist, Alder Hey Children's NHS Foundation trust, Liverpool

4.30pm **The effect of sex hormones on the brain**
TBC

5.00pm *CLOSE*

Tuesday 13 March: Annual Update in Paediatric and Adolescent Gynaecology

8.00am **PAG nurses networking meeting**
Miss Louise Williams

8.30am **Welcome and introduction**
Miss Cara Williams

Session V:

Chair: Dr Naomi Crouch

9.00am **Uterine transplant in the UK: myth or reality**
Mr J Richard Smith, Consultant Gynaecological Surgeon, Imperial College, London

9.30am **FGM in children**
Dr Deborah Hodes, Consultant Community Paediatrician, Designated Doctor for Safeguarding, University College London Hospital

10.00am **OHVIRA**
Miss Ephia Yasmin, Consultant in Gynaecology and Obstetrics. Sub-specialist in Reproductive Medicine and Surgery, University College London Hospital

10.30am REFRESHMENTS

Session VI: Panel Discussion

Chair: Mr Dan Wood, Consultant, Adolescent and Reconstructive Urology, University College, London

11.00am **Surgery for children with atypical genitals at birth**

Urology: Mr Henrik Steinbrecher, Consultant Paediatric Urologist, Southampton University Hospital NHS Foundation Trust
Endo: Dr Elizabeth Crowne, Consultant in Paediatric Endocrinology and Diabetes, Bristol Royal Hospital for Children
Gynae: Dr Lina Michala, Assistant Professor, Paediatric and Adolescent Gynaecology, University of Athens
Psychol: Dr Julie Alderson, Consultant Clinical Psychologist, Bristol Royal Hospital for Children
Advocate: Mrs Sue Elford, Chair, Congenital Adrenal Hyperplasia Support Group
Q&A: All

12.15pm LUNCH

1.00pm AGM (BritSPAG members)

Session VII

Chair: Professor Sarah Creighton, Consultant Gynaecologist, University College Hospital, London

1.30pm Abstracts x 4

2.30pm **The 11th Jack Dewhurst Memorial Lecture**
Sir Jack Dewhurst died in 2007 aged 86. He was one of the leading Obstetricians and Gynaecologists of his generation and was internationally recognised in paediatric and adolescent gynaecology and intersex disorders. He dealt with difficult and complex cases, many of which required skilled surgery and in so doing he demonstrated his great qualities as a compassionate and caring doctor. In 2008, and with the support of Lady Dewhurst, the British Society for Paediatric and Adolescent Gynaecology instituted the annual Sir Jack Dewhurst Memorial Lecture in his honour.

Safest and best: developing gynaecological laparoscopic services for children
Mr Alfred Cutner, Consultant Gynaecologist, University College Hospital, London

3.10pm REFRESHMENTS

Session VIII: Gender Identity

Chair: Dr Lih-Mei Liao, Consultant Clinical Psychologist, University College London Hospital

- 3.40pm **Assessing a young person with Gender Dysphoria**
Dr Polly Carmichael, Director, Gender Identity Development Service, The Tavistock and Portman NHS Foundation Trust
- 4.10pm **Gender Diversity**
Mr Henry Poultney, Team Leader
- 4.40pm **Fertility presentation in gender diverse young people**
Dr Julia Kopeika, Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, Guy's and St Thomas' NHS Trust
- 5.00pm CLOSE